



The Kentucky Folic Acid and Perinatal Partnership Meeting
Thursday, May 23, 2013 ITV MR# 1803523
8am-10am **Central Time** / 9am-11am **Eastern Time**
AGENDA & Minutes from the meeting

8:00/9:00am Call to Order

Welcome and Introductions: Joining us from Frankfort DPH: Shelley Adams, Trina Miller, Emily Anderson & Mary Sue Flora; from Louisville Metro HD: new member Leanne Pearson (Leanne.pearson@louisvilleky.gov); from Barren River District HD: Diane Sprowl, Susan Brown and dietetic interns: Deshaye and Abby. Joining us via telephone @ 877-270-0852 code: 7831426# were Katrina Smith MODs & new member Lise Roemmele (lise.roemmele@kctcs.edu) from EWSE representing kctcs; and those who contacted me to say they couldn't attend today's meeting: Kara Brown, Catherine Lowe, Abigail Derringer, & Erin Gillespie).

8:05/9:05am Approval of the Minutes Motions made & carried

8:06/9:06am Chairman's Report: Shelley Adams for Dr. Ruth Ann Shepherd:

Just two points to share:

- First, last Friday, May 17, 2013 Dr. Shepherd & several other DPH representatives along with Katrina Smith from MODs attended the National Governors' conference in Washington D.C. Dr. Shepherd presented for KY as one of the first four states to receive a National Infant Mortality grant. These grants have no monetary value attached to them and they each have only a 4-month turnaround timeframe to assess, plan, implement and evaluate the state Governor's summit (targeting top change-agents capable of positively impacting the identified infant mortality risks within each given state). In addition to KY, the other three states chosen as the first four states receiving a grant were Louisiana, Connecticut and Michigan. Shelley commented that Dr. Shepherd's presentation was excellent and very well-received. Other highlights in D.C. included a presentation from Dr. Lu, which was equally impressive.
- On Monday, May 20, 2013, Dr. Shepherd facilitated a FU meeting to the Governor's Summit on Infant Mortality focused on NAS (Neonatal Abstinence Syndrome). Participants were actively put to work throughout the entire day to

delve deeper into the issues that have been identified and carry those a step further by determining what needs to be done now to resolve the IM risks identified in KY. One of the BIG issues mentioned during a brainstorming session was the need for standardization of treatment. For example: Which type of screening should be universal—urine or meconium drug screening? Another concern identified was the need for women to feel SAFE! Addicted women need to feel SAFE to seek treatment without FEAR of having their babies taken from them, due to their addictions.

8:15/9:15am Committee Chair Reports:

- 2012 Year-end evaluation & Proposed 2013 Plan

Community: Diane Sprowl: Diane reported on the 2012 evaluation plan for Community and mentioned that it appears that three objectives were not met—however, Katrina Smith and Lese Roemmele had additional insight to the topics at hand and agreed to go online and document the activities they were aware of to successfully complete the 2012 community plan. Diane also reported on the new 2013 community plan and again encouraged all members to be sure to report their activities in a more timely/monthly routine, to help assist the Chairs in keeping track of the partnerships' progress throughout the year. Diane suggested that perhaps a monthly reminder via email from the KFAP Coordinator, Susan Brown, might help members to be more prudent with their reporting.

Professional: Katrina Thompson: Katrina reported that the Professional Committee had exceeded all of their goals and objectives during 2012 and she also submitted a finalized version for 2013. Katrina reported that the 2013 Prematurity Summit will be held in Louisville again this year—probably at the Crown Plaza on November 22nd and the annual HBWW sites will meet the day prior to the Summit at the same location on November 21st. She is very pleased to report that phenomenal speaker, Jenny Joseph, a certified nurse midwife from Florida, will be the main speaker for this year's conference. Additional topics will include NAS and the Lifecourse theory concepts. Katrina also reminded members that fast-approaching is the KPA conference being held at Lake Cumberland June 2-4 (check-in Sunday afternoon through Tuesday) with MANY top-notch speakers on the agenda including Dr. Shepherd (speaking on COIIN), and joining other speakers presenting on SIDS/SUID, smoking cessation during pregnancy, taking pre and interconception lifecourse theories and putting them into practice, Birth Kangaroo Care (BKC) and MORE! Just \$75 gives you membership to KPA for one full year and CEUs for the 2 half-days at the conference and at only about \$80/night you get to stay at Lake Cumberland observing nature in one of KY's most beautiful state parks.

Media: Kara Brown & Erin Gillespie: Neither Erin nor Kara were able to attend today's meeting, but Kara has developed the new 2013 Media plan and that plan has been sent to our members and posted online at www.kfap.org

8:45/9:45am Old Business:

- Summary of IM Summit (See Chairman's report for details) KPHA-Susan Brown reported that she was only able to attend one day of the KPHA and the session that she attended which impressed her the most was the session that Michelle Howell presented on living green and eating local foods. Michelle inspired us all by sharing her own personal story of growing up in poverty with a single mom who fed them

from a local 7-11 which of course had no access to fresh fruits and vegetables and how differently she herself now lives and mothers her own family of 5 children and a husband living on a farm in Bowling Green “Need More Acres” and farming their two acres to feed not only their own family of 7, but also providing year-round produce for 42-families belonging to their co-op. Her presentation was moving, educational and historic. Her PPP included pictures of farmers and farmland from the last century and into the present day. She shared a photo journal/history of her own relatives and the lives they led and how those choices affected their health and their lifespan. Her pictures were worth a thousand words of those members, including her mother and mother-in-law, who had lived lives less than ideally and had reaped the consequences of those lifestyles and the stark contrast between them and the lives she and her husband are now providing for their children.

- Any discussion desired on Safe Sleep or the Folic Acid research that came out about autism not being linked to folic acid use? None.
- Update on State EWSE Team-Kara Brown (not here)
- Update on Regional EWSE: Susan Brown (Women’s Voices Survey) launched May 10th-focus on civic groups w/ large AA Memberships & large faith-based groups with large numbers of African American women-Susan Brown brought the group up-to-date and asked for additional help in getting the surveys completed by our target audience through June 10th.
- Update EWSE Pilot Project: Following the Lifecourse in South Central KY Susan Brown Susan shared with members the successes and barriers that we’ve encountered thus far in our project. Fairview PN Clinic had asked us to develop loaner kits for HCP to distribute to their clients about breastfeeding, the lifecourse, living green and using cloth diapers and baby wearing with slings and other accessories. We were excited and proud of the proto-types we developed but when the 14 providers were given two weeks to evaluate the kits and offer input for any additions or substitutions that were needed, they came back with concerns that were totally unexpected. They were worried about the contents being too difficult to monitor and worried that kits might possibly return with an infestation of bedbugs or some other type of pest. Then they considered possibly letting clients use the kits only on the premises of the clinic in the lobby, for example. That too was axed after much discussion among the providers. Their response in the end was to only promote the take-home kits (freebies and non-returnable) and to not solicit the loaner kits. Now we’re looking at making the requested take-home kits which include info on dental/oral health, folic acid, the lifecourse, HBWW, breastfeeding, baby-wearing, cloth diapers, smoking cessation, nutrition & exercise. We agreed to promote the loaner kits to another entity since the PN clinic no longer seems interested in providing that venue for us. Perhaps the libraries and schools would have a need and interest in using them.
- Was delayed till May—SBAK project-news update: Erin Gillespie was not able to attend, but I spoke with her via email after our meeting and I forwarded her email that included the attachment of their folic acid PSA.

9:00/10:00am New Business: Press Release/new campaign from Dept of Health and Human Services on Breastfeeding Outreach for African American Women (The Office of Women’s Health is excited to announce the launch of the Department of Health and

Human Services' new breastfeeding campaign! *It's Only Natural* helps African American women and their families understand the health benefits of breastfeeding—not just for babies, but for moms too. The website is www.womenshealth.gov/itsonlynatural Women will find information on topics such as addressing breastfeeding myths, overcoming challenges, finding support, and video testimonials from breastfeeding moms.

- KPA Conference at Lake Cumberland in June-(see Katrina's committee report)
- Any Other New Business: None

9:02/10:02am Members share: Everyone

- Activities/announcements: Trina Miller: Last week we hosted a 2-day training to all PN nurses in the 17 counties in KY who still offer PN Clinics in their HDs. Topics included: patient education on nutrition, the FA message and prematurity prevention highlighting the following prematurity resources: HBWW pregnancy wheels and the brain cards (which everyone feels is a very effective tool), and DVDs of the documentary *Born Too Soon*. Mary Sue Flora: The NB screening tool has added in an additional screen for congenital birth defects bringing the total number of screenings to 48 or 49 that all babies are tested for in KY. Mary Sue also tells us that Carla Hay has left the KBSR to take a new position with the Commission in Lexington. Her old position has just been posted and Mary Sue will let us know when the position is filled. Susan Brown: see her report on the EWSE and the pilot project under Old Business.

9:10/10:10am Adjournment

Meeting Dates left in 2013: One in-person meeting: Frankfort at the State Laboratory Building, 1st floor in the Press Room **September 26, 2013** (11:00am-1:00pm Eastern Time) and the sub-committees will meet at O' Charley's—immediately following the KFAP meeting, for a working lunch.

Monthly Reminder: Visit www.kfap.org to report the folic acid & perinatal activities that you or your agency has provided throughout the year. These reports provide the data that is necessary to show our progress and accountability to successfully fulfill our committees' yearly plans.

And as always:

Thank you ALL for all that you do...It takes us **ALL** to be a partnership!

Minutes written and distributed May 28, 2013
Per Susan Holland Brown, Kentucky's Statewide KFAP Coordinator